

Infant & Nursery School
School Lane, Chalfont St Giles,
Buckinghamshire, HP8 4JJ.
Tel: 01494 872160
infantoffice@csgvillageschool.org



Junior School
Parsonage Rd, Chalfont St. Giles,
Buckinghamshire HP8 4JW
Tel: 01494 873090
junioroffice@csgvillageschool.org

Chalfont St Giles Village School

Headteacher: Mr A Haywood
Website: www.csgvillageschool.org

2nd June 2026

Dear Parents/Carers,

Year 4 PSHE: Sex and Relationships Education

As part of the PSHE curriculum, Year 4 will be learning about the human life cycle.

In order to complement this learning, we intend to carry out *Sex and Relationships Education (SRE)* for Year 4 before the end of term, this is a vital part of the curriculum. We are using materials from the Christopher Winter Project, which has been endorsed by the PSHE Association with their quality mark. The Association states that the content of these materials is in line with best practice in PSHE teaching and learning. Evidence strongly suggests that the earlier a child becomes familiar with moral and social aspects of SRE, in addition to the biological facts surrounding puberty and reproduction, the more secure they will be in making informed and responsible choices in adulthood.

In the lessons we will discuss:

- The main stages of the human life cycle (that we change from babies to children then teenagers and adults and therefore we look different and can do different things at each stage).
- Male and female body parts (using the words vagina, womb, testicles and penis).
- Changes that will happen to the body during puberty both physically and emotionally (including talking about spots, pubic hair and emotional changes).
- Children changing into adults to reproduce (we will read a story that mentions sperm from a male and an egg from a female joining together to create a baby, but we do not discuss how the sperm reach the egg).

If children ask questions that would require us to go into more detail about reproduction then we advise them to talk to a parent or guardian about those questions.

If you would like more information about the content of the sessions, please let us know by emailing the school office.

Yours faithfully,

Mr Holmes, Mrs Baker and Mrs Rooney
Year 4 Class Teachers

