

PSHE EYFS, KS1 and KS2 overview

The children will be taught these themes and objectives using the Dimensions Scheme of work. This detailed planning resource is available for parents and carers to view at the school should they wish to see it. In Year 5 and 6 parents will be invited in to discuss the sex and relationships aspects of the curriculum which we teach using the Christopher Winter project resources. Again these are available for parents and carers to see at school if they wish to.

	Objectives/Themes
Assemblies	<p><u>British Values-</u></p> <ul style="list-style-type: none"> • the Rule of Law • Developing tolerance of those with different faiths and cultures • Individual Liberty • Democracy <p><u>School Value-</u></p> <ul style="list-style-type: none"> • Teamwork • Caring • Friendship • Responsibility • Honesty • Resilience <p>Rules – playtimes and lunchtimes Habits and Attitudes Individuality - Everyone is special. Giving</p> <p>Remembrance Winter- awe and wonder Summer – awe and wonder</p> <p>Our School Family - Who is in our family?</p>

	<p>What is a leader? What makes a good leader?</p> <p><u>Festivals and celebrations</u> - From faiths studied from the RE curriculum Cultures and faiths reflected in the local community</p>
Learn 2 Learn	<p>Values- friendship, responsibility, honesty, resilience, teamwork and caring- all link to Gem powers Using our Gem Powers to promote positive learning behaviour Chimp Management</p>
Anti-bullying	<p><u>Relationships</u> –</p> <ul style="list-style-type: none"> • Bullying • Fairness
Internet Safety	<p>Internet Safety Day <u>Health and Wellbeing</u> E safety</p>

<p>Forest School (EYFS and KS1) EYFS</p>	<p><u>Relationships</u></p> <ul style="list-style-type: none"> • Communications; feelings • Emotions • Playing and Learning to Socialise • Behaviour <p><u>Health and Wellbeing</u></p> <ul style="list-style-type: none"> • Changing and growing • Keeping safe <p><u>Living in the Wider World</u></p> <ul style="list-style-type: none"> • Responsibility • Showing concern for living things and the environment <p>Belonging</p>
<p>Year 1</p>	<p><u>Health and Wellbeing</u></p> <ul style="list-style-type: none"> • Changing and growing • E safety • Healthy eating • Hygiene • Dental health • Green X Code • Changing and growing • Healthy lifestyles; similarities and differences, human body. • Keeping safe; sun safety, personal safety, emotional safety <p><u>Relationships</u></p> <ul style="list-style-type: none"> • Communications; feelings, responses, opinions, co-operation • Co-operation • Emotions

	<ul style="list-style-type: none"> • Right and wrong • Changing and growing • Family and friends <p><u>Living in the Wider World</u></p> <ul style="list-style-type: none"> • Hygiene • Rules and responsibilities
Year 2	<p><u>Health and Wellbeing</u></p> <ul style="list-style-type: none"> • Healthy eating • Responsibility • Emotions • Keeping safe – drug safety • Healthy lifestyles <p><u>Living in the Wider World</u></p> <ul style="list-style-type: none"> • Expectations • Taking turns • Lending / borrowing • Sharing • Hygiene • Belonging • Local citizenship • Money and finance
Year 3	<p><u>Health and Well being</u></p> <ul style="list-style-type: none"> • Physically, emotionally and mentally • Physical exercise • Lifestyle choices • Emergency services <p><u>Relationships</u></p>

	<ul style="list-style-type: none"> • Bullying • Persistence and resilience • Self-worth • Friendships <p><u>Living in the Wider World</u></p> <ul style="list-style-type: none"> • Working together / collaboration • Gender stereotypes • Shared goals
Year 4	<p><u>Health and Well being</u></p> <ul style="list-style-type: none"> • Strengths and weaknesses • Setting goals • Nutrition – balanced diet and food choices • Growing and changing <p><u>Relationships</u></p> <ul style="list-style-type: none"> • Working together collaboratively • Shared goals • Family links • Similarities and differences • Religious views <p><u>Living in the Wider World</u></p> <ul style="list-style-type: none"> • Rules and responsibilities • Expressing opinions • Thinking ahead • Gender stereotypes
Year 5	<p><u>Health and Well being</u></p> <ul style="list-style-type: none"> • Physical and mental health • Nutrition and diet • Healthy lifestyles

	<ul style="list-style-type: none"> • Death and grief • Managing conflict <p><u>Relationships</u></p> <ul style="list-style-type: none"> • Confidentiality • Communication – listening and responding • Physical contact <p><u>Sex and relationships Education</u></p> <ul style="list-style-type: none"> • explore the emotional and physical changes occurring in puberty • understand male and female puberty changes in more detail • explore the impact of puberty on the body & the importance of hygiene • explore ways to get support during puberty
Year 6	<p><u>Health and wellbeing</u></p> <ul style="list-style-type: none"> • Setting goals / aspirations • Identifying strengths • Safety; drugs, alcohol, tobacco and substance abuse <p><u>Living in the wider world</u></p> <ul style="list-style-type: none"> • Rights and responsibilities • Law and order • UN rights • Economic awareness; budgeting and consumer sense <p><u>Sex and Relationships Education</u></p> <ul style="list-style-type: none"> • consider puberty and reproduction • consider physical & emotional behaviour in relationships • consider physical & emotional behaviour in relationships • explore positive and negative ways of communicating in a relationship