



Using the Language of Growth Mind-set

Give more praise for the process of learning;

I love the way you:

- like doing the tricky things
- remain calm when things don't go your way
- just keep on going ...
- praise other people when they are successful
- keep your focus on what you are trying to achieve
- work together ...
- have the courage to try something new even though you know you might get it wrong ... such a powerful learner
- take responsibility for ...
- never give up, even when it gets really tricky.

Try these phrases to praise your child as a learner:

- You put so much time into ...
- I can tell you put everything into that because....
- You have such a positive attitude...did you hear what you said?
- That was such a great ARK (act of random kindness)
- I really admire....
- You handle that situation really well because....
- That was such a brave thing to do.....
- I love the way you are always so well prepared for....
- I appreciate how helpful you were to.....

Try opening up a discussion with:

- Tell me about....
- Show me more....
- How did you do that?
- How do you feel about.....
- You must have been really determined to achieve ...tell me about it.
- What do you plan to do next?